Western camp is designed to give campers an experience of what collegiate equestrian life is like, it is capped at 6 riders in the age range of 14-18 years old. While at camp, students will get an experience of what life on an equestrian team is like and what is required of UA Equestrian team members. Campers will go through practices with the coach, learning to catch-ride on several different UA team horses. Different levels and competition format of IHSA will be covered, to expose riders to an overview of UA Equestrian competitive life. Riders will go through film review with the coach, to better understand how to work on their riding in detail, as well as how rides are evaluated. Students will also be able to work out at the REC center. On the final day of camp, riders will be assigned to teams for a scrimmage competition. On this day, all aspects of competition will be mimicked, from working with teammates to analyze horses and strategize, to actual catch riding in a competitive environment. The goal of this comprehensive camp is to give young riders the opportunity to be exposed to a competitive collegiate equestrian program, to better educate them as they think about next steps beyond high school. Previous team members will also be present, to answer any questions campers might have about what day-to-day life as a UA Equestrian is like.