Hunt seat equestrian camp

Hunt Seat Camp is limited to 12 athletes ranging from ages 14-18. Campers will get a first-hand look at collegiate riding at the IHSA level. We will go over all of the levels and requirements of IHSA so the campers get a full overview and understanding of how they could play a role in competing. Riders will have the opportunity to review film with the coach, work out in the REC center and learn all about the IHSA and the UA equestrian team and what is required to be on the team. Participants will be assigned to a team and teams will participate in practices and help each other analyze the horses, take notes and compare with their team members much like a team would do at competitions. Each team will learn how to walk the course and figure out strategies depending on the type of horse they draw for the final competition on the last day of camp. Campers will ride multiple UA Equestrian team horses gaining valuable experience on different types of mounts. We feel that when the campers leave they will have a complete understanding about what college riding will be like and what it would be like to be on a collegiate team. We will have previous team members there to answer questions about scheduling and balancing all the things that college life has to offer. This may help incoming students that want to ride in college better understand the balances of how to manage school and the team and get the most out of their college experience.