CAMP AGENDA FOR THE JULY 21-23, 2017
“RIDE WITH THE TIDE”

Day 1 (Friday, July 21, 2017)

The morning is left open for anyone who wants to take a Campus Tour of the University of Alabama campus. Contact UA Admissions website to sign up for a tour at:  [https://gobama.ua.edu/visits/](https://gobama.ua.edu/visits/)

1:00- 2:00 pm   Arrive and sign in at dorms (TBA)

2:15 pm   Transportation from dorms to equestrian facility (River Oaks Farm, 5500 Culver Road, Tuscaloosa, AL  35401)

2:30-3:30 pm   Meeting in Clubhouse. Discuss the differences between IHSA and NCEA formats. Explain what it requires to be on the team. Go over how to take notes on the horses and what to look for. Answer any questions.

3:30-4:00 pm   Group assignments announced. Explain the tacking up process and show the riders around the tack up areas and tack room.

4:00-4:30 pm   Group A tack up, Group B and C gather tack and begin grooming.

4:30-5:30 pm   Group A lesson, Group B and C take notes and go over flat pattern

5:10 pm   Group B tack up

5:30-6:30 pm   Group B lesson, Group A untacks and cools down, Group C take notes

6:10 pm   Group C tack up

6:30-7:30 pm   Group C lesson, Group B untacks and cools down, Group A go over flat pattern

7:30 pm   Group C untacks and cools down and Group A and B help clean tack and put things away

8:00 pm   Dinner at River Oaks

8:45 pm   Transportation back to the dorms

9:00 - 11:00 pm   Free time in dorms, possible activity (movie and snacks available)

11:00 pm   Lights out!
Day 2 (Saturday, July 22, 2017)

6:00 am  Wake up, riders will dress in riding apparel and bring riding gear with them to breakfast, transportation to equestrian facility will be from Burke dining hall

6:45 am  Transportation to campus dining hall with counselors

7:00 – 7:30 am  Breakfast in dining hall

7:30 am  Transportation to equestrian facility (River Oaks Farm, 5500 Culver Road, Tuscaloosa, AL 35401) from dining hall

8:00 - 12:00 pm  Team riding lessons with Coach Morrison

8:30-10:00 -- CRIMSON TEAM

10:00-11:30 – WHITE TEAM

12:00 pm  Transportation to campus dining hall

12:30 - 1:15 pm  Lunch at campus dining hall

1:15 pm  Transportation to dorms to change clothes

2:15 pm  Transportation to the Athletic Training/Workout Class with entire group at Student Rec Center

2:30 – 4:00 pm  Rec Center Workout Class and Tour

4:00 – 6:00 pm  Swim and Relax

6:15 pm  Drive to dorms to shower and change

7:30 - 9:00 pm  Dinner at dorms and Video Assessment Training Session

(Riders will watch video of morning’s lessons with Coach Morrison. They will learn to assess both themselves as riders and horses from video.)

9:30 - 11:00 pm  Free Time in dorm, activity (movie and snacks available)

11:00 pm  Lights out!

Day 3 (Sunday, July 23, 2017)

6:00 am  Wake up, riders should be packed to go home and dressed in riding apparel before going to breakfast

6:45 am  Transportation to (River Oaks Farm, 5500 Culver Road, Tuscaloosa, AL 35401) from the dorms

7:00 - 7:30 am  Breakfast sandwiches at River Oaks Farm
7:30 – 8:30 am  Build course and walk the course with coach
8:30- 9:00 pm  Groom and Tack horses
9:00 am -11:00 am Scrimmage (Crimson vs. White teams)  (Parents welcome!)
  9:00-10:00 Mock NCEA Flat Pattern Scrimmage
  10:00-11:00 Mock NCEA Fences Scrimmage
11:00 – 11:30 am  Both teams cool down and untack horses
11:30 am  Transportation back to dorms and check out. Parent pick-up at dorms (TBD)
12:30 pm ???  Everyone must be checked out at this time